

St Davids Bradbury Day Centre



NEWS Summer 2008

Welcome to St. David's
Summer Newsletter.

New Staff



We would like to offer a warm welcome to Maureen Moore our new Manager. Maureen joins St David's after very successful periods as the Chief Executive of ASH Scotland and [previously] of Scottish AIDS Monitor.

Maureen played a central role in the campaign to end smoking in public places in Scotland. A fearless campaigner, she became a familiar figure to Scots as she battled against the tobacco firms and the licensed trade for an end to smoking in public. Following the successful introduction of smoke-free enclosed public places in Scotland in March 2006, Maureen won the annual NCH Woman of Influence of the Year Award. The Scotland on Sunday also voted her the 2nd most powerful person in Scotland. In June 2006, Maureen was awarded an OBE in the Queen's birthday honours for her services to healthcare.

Previously Maureen was the Chief Executive of Scottish AIDS Monitor the first national charity in Scotland to tackle the spread of HIV/AIDS. She is a founder member of PHACE Scotland (Project for HIV/AIDS Care and Education) in Glasgow.

Maureen was appointed to the Board of NHS Health Scotland by the Health Minister in 2003 NHS Health Scotland is the Scottish Governments National Health Improvement Agency.

Staff Retirement



As you all know, Sandra retired at the end of February and she would like to take this opportunity to wish you all the very best for the future and ask you to take care of yourselves.

She will miss your company, the times you shared and the fun that you had through the 7 years she was with St. David's. She has enjoyed the experience and hopes that you all feel the same way. She would like to say a big thank you to the Volunteers and her Co-workers for all their help and support and for putting up with her!

Her plans for retirement are simple - to spend the summer in the garden, look after her grandson and complete the projects in the house that she has begun. She promises that she will think of us often and will pop in to visit.

Whats on

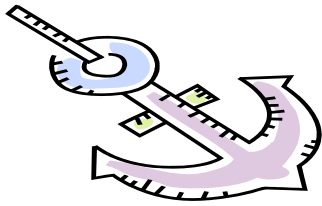
You will be aware that we now have an activity list for you. So that you know what is on. If you require another copy of this, please ask Karen. Your daily activity will also be posted on the Display Board in the main room along with the lunch menu and staff/volunteers on duty that day.



We are going out to Lunch on the following dates. The venue will be confirmed nearer the time.

Monday	-	7 July 2008
Tuesday	-	5 August 2008
Wednesday	-	13 August 2008
Thursday	-	21 August 2008
Friday	-	29 August 2008

The bus will pick you up at your normal time - please note you may be slightly later home, this depends on traffic etc.



Barge Trips

We shall again be cruising down the canal at Ratho on the following dates:

Friday 19 September

Monday 29 September

Thursday 2 October

Tuesday 7 October

Wednesday 8 October

As the weather may be a bit unpredictable, as in previous years, please bring along a warm jumper/coat.

We will be having a picnic lunch on board. We will send you a reminder nearer the time.

Other activities planned for the next few months are:

Holiday Quiz, Musical Entertainment, Friends and Family to afternoon tea, Silver Surfers Internet Group.

If anyone is interested in using the computer - please speak to Sheena or Karen who will be happy to assist.

On Tuesday 24 June we welcomed Citadel Arts Group to St. David's. They performed a scene from their play which is based around stories which they have been told by residents of Pentland House in Penicuik. Everyone agreed that it was very realistic and some of our Service Users could really relate to what was being told. We have a copy of the book "*Pentland House Memories and More*" in the office if anyone would like to look at it.

We have also had Healthy Eating Demonstrations provided by HELPP. They came into the Centre and cooked us healthy Soups and wraps - this was enjoyed by everyone and it was a lovely change to try something different - if you would like any of the recipes, please ask Karen.



Help demonstrating healthy eating to our Monday Group

On Saturday 7 June St. David's once again had several stalls at Newtongrange Gala Day - the day was a great success with a total of £600 raised. We had a bric a brac stall, Plant Stall and a tombola - many thanks to everyone who donated to the stalls, to everyone who volunteered their time, to everyone who contributed and came along on the day - many thanks. The money raised will be used to fund our Summer Trips to

The Abbotsford Arms in Galashiels.

Unfortunately the Friday night before the Gala Day St. David's was broken into. The culprit/s smashed a window in our conservatory and entered the building and stole 4 bottles of whisky. A member of staff was called out by our alarm company and had to wait on the glazier coming to board up the window - the window has now been repaired. The whisky was to be for the tombola - the police are currently investigating this matter and if anyone know any information regarding this, please speak to a member of staff.

Volunteers

We held a volunteer cheese and wine evening on the 12 June when all Volunteers were invited along to the Centre to celebrate "Volunteer Week". Everyone enjoyed themselves.

Volunteers' Week (1-7 June) is the UK's annual celebration of the work volunteers do. During the Week events are held across the country to recognise, reward and recruit volunteers.

We would like to take this opportunity to thank our Volunteers for all of their support and hard work throughout the years. It is very much appreciated.

We would also like to welcome our new Volunteers:-

Jean Adamczuk who is volunteering on a Tuesday and

Mary Temple who is volunteering on a Friday.

Welcome and we hope that you enjoy your time at St. David's.

Profile



Maurice Cathie - Ali Baba

Maurice Cathie has been a Volunteer at St. David's for over 14 years.

He joined the organisation in November 1994.

He acts as both a Passenger Escort and Centre Assistant.

When asked why he enjoyed volunteering, he replied " *I like the elderly people who attend and I feel I am doing something worthwhile*".

Maurice is married to Alice and lives in Woodburn. They love to take holidays and Maurice will share these travel experiences with the group, telling of countries or places of interest that they have visited.

One of Maurice's many interests is music, he is a self taught mouth organ player and has written a tune or two in his time. One about St. David's entitled "*A Cottage Full of Memories*"

His sense of fun is legendary as this photograph demonstrates - this was when he dressed as Ali Baba for the Christmas party.

We would like to say on behalf of everyone Maurice is a friendly, reliable and a helpful Volunteer who is very popular and respected by all.

Thanks Maurice

If you have any suggestions of what you would like to see us do in the way of activities or articles for the newsletter, please contact a member of staff who will be happy to hear your ideas.

Have a great Summer

