

St Davids Bradbury Day Centre NEWSLETTER August 2006

Welcome to St. David's Bradbury Day Centre's Newsletter.

We would like to extend a warm welcome to our new Support Worker, Theresa Lumsden.

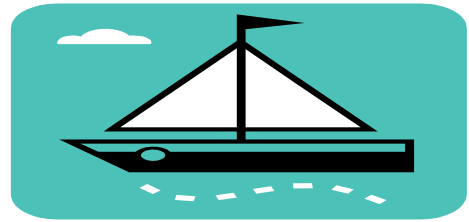


This position has been made possible by the kind generosity of Lloyds TSB who will be funding this post for 3 years. You will see Theresa in the Centre, Monday - Friday. Theresa is married and has 2 children, her interests include dog walking, socializing with family and friends and lots of retail therapy!



We would like to congratulate Betty Hastings on her retirement. Betty has been a Volunteer with St. David's since 1999. A party was held for Betty who was presented with a cake and presents.

Thank you Betty for all your hard work throughout the years.



Barge Trips

Once again we will be cruising down the canal on the barge at Ratho, this has proved a very popular activity. As the weather is a bit unpredictable at the moment, can you ensure that you bring along a warm jumper/coat.

The dates are as follows:-

Monday Group	4 September 2006
Tuesday Group	12 September 2006
Wednesday Group	20 September 2006
Thursday Group	31 August 2006

The bus will pick you up at your normal time and we will be having a picnic lunch on board.



If you have any questions or concerns regarding this trip, please speak to a member of staff.



St. David's Bradbury Day Centre
57 St. David's, Newtongrange, EH22 4LF
telephone: 0131 660 1285
st_davidsdaycentre@hotmail.com



Calling all Craft Workers

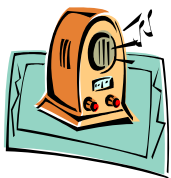
We are holding a Christmas Craft Sale in The Centre from 30 October - 3 November and any contributions will be greatly appreciated.
Please see Sandra.

Local Services

St. David's Carers Group - monthly on a Wednesday afternoon 3.15pm - 4.15pm
Please contact Sandra for future dates.

VOCAL - Carers Support -
Carer Services - 0131 622 6666
Email vocal@carers.net

M.A.R.C. - Midlothian Advices & Resource Centre - 0131 663 0400



Black Diamond FM is a new Radio Station which should be up and running by October 2006. It will be run by Volunteers and will be a mix of talk, local news and events, music, radio drama and a local soap opera. If anyone is interested in getting involved you can contact Christopher Mackrell on 0131 663 4811 - no experience is necessary as full training will be given.

The Midlothian Food Train - Do you have difficulty carrying heavy bags? Are you elderly or disabled? Or have you recently been in hospital? Do you live locally?

The food train is a free shopping service primarily to help local, elderly or disabled people.

For more information, contact
Gorebridge Health Project on
01875 823922

PROFILE

Every News Letter, we are going to find out a little bit about our friends at St. David's.

First up is *Jimmy Shepherd* from our Tuesday Group. Jimmy has been coming to St. David's since May 2005. Jimmy is an ex coal miner and enjoys coming to St. David's for the company and the banter. He enjoys taking part in the quizzes, playing dominoes and the bingo.



Jimmy loves football, he supports Arncliffe Rangers Football Club and used to be on their committee. He also enjoys being in the company of his family.

Thanks Jimmy.